

competitor involved as opposed to the entire team," said Becky Oakes, NFHS assistant director and liaison to the Track and Field Rules Committee.

In Rule 7-5-2, requirements for pole vault competitors were changed. The rule eliminates the limit of only two layers of tape on the grip end but still requires any tape placed on the pole to be of uniform thickness on the grip end.

In addition, Rule 7-5-25 clarifies who may touch or catch the pole and under what circumstances touching the pole is not allowed. The rule reads, "No person shall be allowed to touch the vaulting pole except an assigned official, assigned pole catcher or the competitor, when circumstances warrant, but never to prevent the pole from dislodging the bar."

"The competitor or designated official can catch the pole, but the touch or catch by the competitor that prevents the crossbar from being dislodged is still a foul," Oakes said.

after the referee's jurisdiction has ended or in the event that a contest is terminated prior to the conclusion of regulation play.

Rule 5-7-3: The starting command for individual races – or opening relay legs of 800 meters or more outdoors and 600 meters or more indoors – shall be to instruct all competitors to take a position three meters behind the starting line or dashed arc behind the line. With "On your marks," the competitors step to the starting line.

Rule 7-4-10: The games committee may assign competitors to flights of no less than five for preliminary competition or may conduct the event in continuing flights. In continuing flights, the first five competitors, as determined by the games committee, constitute a flight. As a contestant clears the bar, passes a turn at the height or is eliminated, the next competitor in order will be moved up so that the num-

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NOTICE OF INTENT TO AMEND ADMINISTRATIVE RULES

relating to Reclamation and Gas Pipeline Safety.

Public Service Commission

will hold a public hearing to address proposed changes to the N.D. Admin. Code.

Commission Hearing Rm.
12th Floor
State Capitol
Bismarck, ND
Tues., Aug. 9, 2011
10:00 a.m.

A copy of the proposed rules may be obtained by writing the Public Service Commission, 600 E. Boulevard Ave., Dept. 408, Bismarck, ND 58505-0480 or by calling (701) 328-2400, toll free 1-877-245-6685 or Relay North Dakota TTY: 1-800-366-6888 or NDPSC@ND.gov. This information is also available to view on our web site at www.psc.state.nd.us under "Formal Actions/Case Search". Also, written comments may be submitted to the Public Service Commission at the above address, until September 26, 2009. If you plan to attend the public hearing and will need special facilities or assistance relating to a disability, please contact the Public Service Commission by telephone or by writing to the address above at least 24 hours prior to the public hearing.

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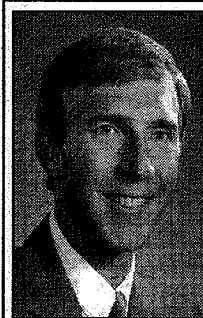
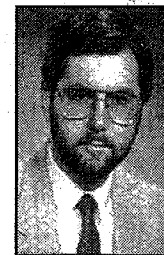
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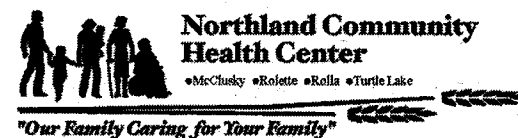
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